#### BlowFly Bulletin 8<sup>th</sup> December 2023 Festive Season Edition







#### **Acknowledgement of Country**

BlowFly Cricket acknowledges the Australian Aboriginal and Torres Strait Islander peoples as the first inhabitants of the nation and the traditional custodians of the lands where we live, learn and play our inclusive all-abilities grassroots sport.









#### Bunnings Thornleigh 2023 Christmas Night Market BBQ

**Volunteers:** Julie Davis, Dougal Graham, Vivienne Nissen, Bruce Wood OAM, Mark Rushton.

FRANTIC as defined in the Cambridge Dictionary: 'done in a very great hurry and often in a state of excitement or confusion.' And yes, believe me that is precisely what this short two-hour fundraising BBQ was on the evening of Thursday 7th of December. And our hardy troupe of volunteers certainly stepped up to the plate.

You see, this annual BBQ is a fundraising BBQ with a difference as the sausage sangas and drinks are free to the public. I am certain, you, the reader can imagine the mayhem and popularity of our free BBQ.

Anyway, our volunteers came to the party, working together like a well-oiled machine. Mind you, for a little over two hours we barely had time to scratch ourselves.

Many thanks to our wonderful volunteers for your hard work and tremendous efforts.

Also, a word of thanks is extended to Hanna Mueller, Activities Organiser Bunnings Thornleigh for doing a tremendous job in making sure all the provisions and culinary delights were organised as it certainly made our job easier. Thank you for the Bunnings Gift Cards (\$300) which will be raffled shortly with sales to be capped at \$500. This "rapid-fire" is a great way to raise funds for our 15th Anniversary Dinner, to be held Friday 7 June 2024.

This evening's volunteers will all be receiving complimentary tickets in this raffle as a way of thanking them for their truly amazing efforts.

Vivienne Nissen

**BBQ Captain Activities Organiser** 

# Friday 1<sup>st</sup> December James Henty Reserve







an afternoon to remember for BlowFly Cricket!

Come on down to James Park Hornsby for an extra special session of BlowFly Cricket, on <u>Tuesday 12<sup>th</sup> December from 4:00-6:00pm</u> to meet a legend of the game Glenn McGrath!

We look forward to seeing you all there!



### **Good for Cricket**



It's that time again, the Toyota Good for Cricket Raffle is now open.

Help BlowFly Cricket raise much needed funds by sharing the QR Code or the link with your family and friends and support your club.

https://toyotagoodforcricket.raffletix.com.au/blowflycc



As always there are amazing prizes to be won.

Amount raised as of 8<sup>th</sup> December = \$1,200

## International Day of Persons with Disabilities

#### 3 December 2023

#### **Meet Julie Davis:**

"I left the workforce at 65... After 2 weeks, I was bored and decided I would become a volunteer and do something positive." – Julie Davis

BlowFly Cricket joins with The Centre for Volunteering who proudly supports the global celebrations for the United Nations' 2023 International Day of Persons with Disabilities.

This year, the theme of "United in action to rescue and achieve the Sustainable Development Goals for, with and by persons with disabilities," speaks to the importance of including persons with disabilities at all levels.

https://www.volunteering.com.au/2023-international-day-of-persons-with-disabilities/









#### Only 1 BBQ Fundraiser to go before Christmas!

Sunday 17<sup>th</sup> December

If you can assist, please let Mark Rushton know ASAP.

Thank you.







#### Please support Mark, Jordan, Nick & Phil this Movember!

#### MEET THE TEAM Sort by Top fundraiser today | Total raised | Most active today | Total Activities



Team BlowFly Cricket have three members raising funds this year, including:

MoBro Nick Callanan-Williams, MoBro Phil Grindley, MoSis Jordan Jones (Club President) and MoBro Mark Rushton.

Jordan is striving to run / walk 60km throughout the month of Movember in lieu of the blokes who will be growing their mo's.

Donate via myMo Space, here: <a href="https://movember.com/m/markrushton?mc=20">https://movember.com/m/markrushton?mc=20</a> – for all the dads, brothers, sons and mates in your life. Stop men dying too young.

To date the team have raised \$1998!!

Congratulations Team BlowFly! Keep up the great work.

#### The State of Volunteering Report is Here

The Centre for Volunteering and invited guests celebrated the launch of the 2023 State of Volunteering Report, the second in an important research project to better understand the sector.

Akiko Tomita and Mark Rushton proudly represented BlowFly Cricket at this most auspicious function held at Parliament House, Sydney. As the Centre for Volunteering is a champion for the volunteering community, your needs and concerns are their top priority.

With the latest facts and figures from the report, The Centre for Volunteering can:

- Better understand how to support the sector
- Provide quantitative proof of the value of volunteering
- Make informed decisions when advocating on major policymaking, resource development, sector funding decisions and more.

You can download the full report using this link:

https://www.volunteering.com.au/resources-tools/nsw-stateof-volunteering-report/











#### DISA Forum 2024 tickets are now available!

The Diversity and Inclusion in Sport Alliance (DISA) Forum is back for 2024 and tickets are now available! The Forum, in hybrid format, will bring together leaders from across the Australian sport sector to discuss the 2024 topic - What is intersectionality and how can sport use the concept? Intersectionality, as a term and concept, has surged in popularity and is rapidly informing work across many industries. Like any new concept, there is often confusion around how it is used in a practical sense. Sport in Australia has an exciting opportunity to use an intersectional lens to improve how safe environments are established and maintained to ensure everyone feels welcomed. On the day, we'll discuss how inequality is not the outcome of individual intentions, but a result of systemic, institutional and structural barriers that need to be observed and addressed. The event will feature experts from all levels of Australian sport, sharing experiences of their work across marginalised and underrepresented communities.

IN-PERSON The Edge, Federation Square, Melbourne

Date: Tuesday 23 January 2024

Time: 10am - 2pm AEST Cost: \$49 (plus booking fee) includes morning tea, networking lunch and Australian Open Ground Pass.

https://clicks.aweber.com/y/ct/?I=Gn1tO&m=3YVcGUIk7JsXGSf&b=zrLrKFbrvsyCbuW6hxaQwg

**ONLINE** Webinar

Date: Tuesday 23 January 2024

Time: 11am - 1pm AEST

Cost: Free

https://clicks.aweber.com/y/ct/?l=Gn1t0&m=3YVcGUlk7JsXGSf&b=pl0n8QoUR0Z8JVlwPMuXog



DISA is a collaboration between the Centre for Multicultural Sport (CMSport), Play by the Rules, Pride in Sport Australia, Tennis Australia, Australian Sports Commission, NSW Office of Sport, Queensland Department of Tourism, Innovation and Sport, Monash University and Victoria University.

# Business Post: Shirley Adams Photography





Are you looking for a unique Christmas present for someone special in your life.

Shirley Adams is a long-time supporter of BlowFly Cricket.

Unique digital photography by Shirley who lives in the picturesque South West Rocks on the Mid North Coast of New South Wales.

High quality canvas, prints, 100 x 75 cm in size. Ready to hang. 20% discount on selected artworks. Normally \$350. Sale price \$280. Shipping not included. Contact Shirley for enquiries.

Mention this advertisement and BlowFly Cricket will receive a \$50 donation from all sales.

Please feel free to contact Shirley via her website below or by phone or email.

Website: <a href="https://shirleyadamsphotography.com/pages/new-designs">https://shirleyadamsphotography.com/pages/new-designs</a>

Email: shirleyadamsphotography@gmail.com

**Phone**: 0401 625 485

#### **Business Post:**

#### Fany Rie Iwabuchi AcuEnergetics Practitioner and Wellness Balancer

Location: Carmen Drive, Carlingford, NSW

Cost per session:

• \$115/75mins Treatment session

• \$110/90mins Wellness Balance (Seniors and Pensioners discount apply)

Days treating: Please contact me for an appointment.

SMS preferred/phone: 0435 470 953 Email: energyhealing.kokoro@gmail.com

Other info: As a dedicated AcuEnergetics Practitioner, I am deeply committed to the holistic concept of care paradigm, which emphasises treating individuals as a whole, addressing not only their physical ailments but also their emotional, mental, and spiritual well-being.

This approach aligns perfectly with my values and passion for promoting health and balance in individuals of all ages, including older adults and people living with a disability.

Through AcuEnergetics, I've gained a deep understanding of the body's energy systems and how they influence overall health. This knowledge has allowed me to provide more comprehensive and effective treatments to my clients.

I also have over 10 years of experience working in the Aged and Disability sector, fostering a deep sense of empathy and understanding for individuals facing physical and cognitive challenges. I am here to support you in achieving a state of balance, vitality, and inner harmony. Together, we can embark on a path towards improved well-being and a brighter, healthier future. Contact Fany Rie Iwabuchi for enquiries. Mention this promotion and BlowFly Cricket will receive a 10% donation from all treatment fees.



#### **BUY TICKETS**

Best of the West: Sydney Thunder v Perth Scorchers, Monday January 8, Sydney Showground Stadium, 7:15pm

Join us for a night of community, culture, and cricket as we celebrate the best of Western Sydney!

Immerse yourself in the vibrant energy and spirit of the west, with an epic line-up of cultural performances, interactive workshops, local celebrity appearances, and special food offerings.

Sydney Thunder are delighted to offer you 30% off tickets\*. To redeem this offer, click 'Buy Tickets' below and enter the code BBLSYD12 in the code box

The Big Bash is a big hit for the whole family, we can't wait to see you there!



To celebrate a big upcoming Season of Sport for our Weet-Bix Kids, we're giving away 4 family trips to meet your favourite Weet-Bix star:

- Meet Marnus Labuschagne at an international cricket match in Sydney
- Meet Ellyse Perry at a women's cricket match in Perth
- Meet Alex De Minaur at a tennis match in Melbourne, or
- Meet Josh Giddey in the USA at an NBA game

We've also got some awesome signed merch from our Weet-Bix kids as runner up prizes.

#### To enter, simply:

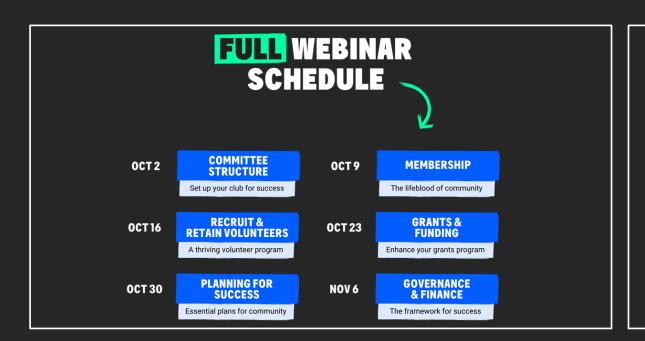
- 1. Take a photo or video of your child playing their favourite sport
- 2. Upload at the link below
- 3. Tell us which Weet-Bix Kid you want to meet and submit

The most creative photos or videos will win! Get active and get entering! 🟀 🧷 🥍

Entries close Sunday 10th December 2023. Travel dates, limits & T&Cs apply.

HowManyDoYouDo #AussieKidsAreWeetBixKids

#### **ENTER NOW**



# FREE WEBINARS ARE BACK!

**NOV 13** 

#### FUNDRAISING WITH THE ASF

Giving for community sport

**NOV 27** 

#### ONLINE PRESENCE & TECHNOLOGY

Your organisation can stand out

**DEC 11** 

#### LEADERSHIP & CULTURE

Strong leadership driven culture

**NOV 20** 

#### **SPONSORSHIP**

Commercialise your organisation

DEC 4 FACILITIES & INFRASTRUCTURE

Build it right and they will come

REGISTER NOW CLUBMAP.COM.AU

# Australian Sports Foundation – 2024 Uncoachables Program Fundraiser



BlowFly Cricket actively develops our 'Uncoachables Coaching the Uncoachables' coaches, firstly through the completion of the Cricket Australia Accredited Community Course (formerly Level 1) and then ongoing mentorship and experiential learning at WPHCCC Junior Blaster Centre, Coaches' Association School Holiday Coaching Clinics, various BlowFly Cricket Coaching Clinics held at: Sony Foundation School Holiday Respite Camps, Wheelchair Sports NSW Childrens School Holidays Camps, various specialised and mainstream schools and also Inclusive Sports Days held at public schools supported by local councils and various bodies.

With more and more experience and exposure our coaches develop increased levels of self-esteem, self-confidence, self-belief, assertive skills and maturation. Not to overlook the monetary payments for their time and effort. COVID-19 has had a significant impact on all parts of the community, especially regarding physical contact and interaction. This project is in light of the need for online aspects of coaching training and development, which also includes safe infection control and hygiene practices, and in response to our growing number of centres and increasing need for more incredible coaches. Through the club's fundraising partnership with the Australian Sports Foundation, donations over \$2 are tax deductible.

So please show your support by donating today! You can donate through the link below, or by clicking on the Australian Sports Foundation link on the BlowFly Cricket website. All donations \$2 and over are tax deductible, through the Australian Sports Foundation donation link below. With your support we can make sure Blowfly Cricket and these kids have a great future ahead.



https://asf.org.au/projects/blowfly-cricket/the-uncoachables-coaching-the-uncoachables-2020-2024-seasons

## Joke Corner



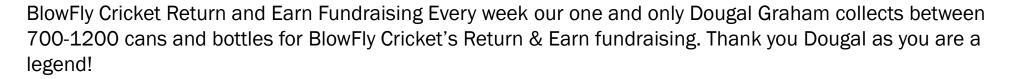
I'm giving up eating chocolate for a month. Sorry, bad punctuation. I'm giving up. Eating chocolate for a month.

Why Iron-man and not Fe-male?

This joke is not for everyone.







Thank you to Gordon Golf Club, Castlecove Golf Club, North Turramurra Golf Club, West Pymble Bicentennial Club, Lindfield Sports Club and those lovely people residing at "Gordon Gardens" 803-805 Pacific Highway, Gordon for your ongoing support with this fundraising initiative for our BlowFly Cricket community.

Additionally, we now have several fine individuals & families on board, collecting hundreds of cans and bottles to help out with this initiative including Hannah & Anthony Beard; the Buczek family, Uncle Snake & Nana Audrey; Jan & Jock Brock; Azaan Husain & Shabana Hakim; Rie Iwabuchi; the Jones family; Morwenna Landers; Amanda "Vivienne Nissen"; Brendan Price; Phil Smith; Akiko Tomita; & Sandy Wall.







If you would like to help with this fundraising initiative, please contact Marnie at <a href="mailto:blowledge-blowl









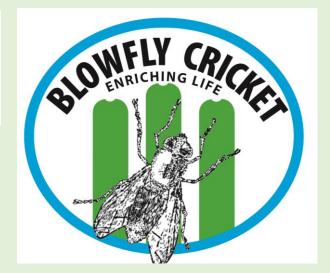




























Founded 1925

















